How to Put on a Condom

1. Open the package, being careful not to rip the condom.

2. Take note of the condom's position before it is unrolled. The rim should be on the outside.

3. Place the condom on the end of the erect penis. If uncircumcised, pull the foreskin back. Pinch the tip to release air.

4. Carefully roll the condom down the base of the penis.

For more information visit NJFPL.org to find a health center near you.