

# Pre Exposure Prophylaxis



#### What Is It?

A daily medication you take if you're at risk for getting HIV to stop the virus from growing in your body.

### How effective is it?

When used correctly, it can reduce the risk of HIV from sex by

99%

...and from needle use by nearly

**75**%

# You should take PrEP if you:



Have an HIV-positive partner



Have multiple sexual partners or a partner who has multiple partners and you don't know if they're HIV-positive



Don't use condoms during sex



Share needles



## How long do you need to take it for?

It takes **about a week** for PrEP to build up in your system to be effective, and you have to take it **every day** for maximum protection.

# new jersey family planning league

#### What's Next?

If you think PrEP is right for you, talk with a healthcare provider. Find one today by visiting our <u>find a health</u> <u>center page</u> on <u>nifpl.org</u>. Our centers operate in all 21 counties of New Jersey.